



# Spiritual Growth Plan

Week 1

Benjamin Franklin said “if you fail to plan, you are planning to fail.” How true that is. Our spiritual life and growth should be one of the most important aspects of our lives. Why would we not have a plan for this area of our lives like we do other areas of life? If you are serious about growing closer to God and strengthening your faith, then I challenge you to follow through with this spiritual growth plan for this semester. Give it a try for one semester and then decide for yourself if it helps you grow and if you want to incorporate it in your life for years to come.

There are five parts to the spiritual growth plan.

1. A Friend Plan
2. A Reading Plan
3. A Prayer & Fasting Plan
4. A Church Plan
5. A Service Plan

I \_\_\_\_\_ commit to carrying out this spiritual growth plan on a daily basis in order to grow closer to God and strengthen my faith.

Signature \_\_\_\_\_

Date \_\_\_\_\_

# Spiritual

My heart and my flesh crieth out for the living God- Ps. 84:2

# Growth Plan

## The Friend Plan

Who your friends are is vitally important to your growth as a Christian. Take a moment and think about those you spend the most time with and who you consider to be close friends. This includes those you are dating. Be honest in your evaluation of these people and relationships.

A friend that encourages spiritual growth is one who you can openly communicate with about spiritual things. The Bible, church, Jesus, and prayer are a common subject and topic in your conversation. This person encourages you to read your Bible, pray, attend church, and serve the Lord. You are not the one who has to always bring up spiritual conversation.

Identify and list your friends that help your spiritual growth:

A friend that hinders your spiritual growth is one that scarcely talks about spiritual things in conversation. This person does little or nothing to encourage your reading of the Bible, prayer, and attending church. You are always having to bring it up and when you do it is quickly talked about and then moved on to other things.

Identify and list your friends that hinder your spiritual growth:

## The Friend Plan

Now that you have identified who your friends are and their help or hinderance to your spiritual growth, what are you going to do? You don't have to drop the ones that hinder you like a bad habit, but you need to reconsider how much time you will spend around them. If you are serious about your spiritual growth, the majority of your time is going to be given to being around those who encourage your growth. These are changes you will have to make.

Now you need to establish an accountability partner. This is a person who you can meet with weekly to go over your spiritual growth plan for that week. This needs to be a person who you consider as a help to your spiritual growth. It does not have to be a friend. It can be anyone who you feel will be honest with you and will encourage you along the way. It needs to be someone who is willing to commit to meeting with you or doing the spiritual growth plan together. This is a person who will be strong enough to hold you accountable to your plan. That means you give them permission to ask how things are going and challenge you to do better if you are failing some. Make sure they understand their role and are willing to commit to taking this role. Pray about who this person should be.

My accountability partner is: \_\_\_\_\_

## The Reading Plan

In this 18 week plan, you can read the entire New Testament through by reading just two chapters a day. Will you accept the challenge to read the New Testament completely through?

Yes or No \_\_\_\_\_

Answer the following:

### My Current Bible Reading

I would rate my current Bible reading as: *(Check all that apply)*

Daily\_\_\_\_\_

Weekly\_\_\_\_\_

Consistent \_\_\_\_\_

Sporadic \_\_\_\_\_

*(Answer yes or no)*

I have read the Bible completely through.\_\_\_\_\_

I have read the New Testament completely through.\_\_\_\_\_

### My Current Prayer & Fasting

My current prayer life consists of: *(Check all that apply)*

A time set aside regularly to pray\_\_\_\_\_

Have times but don't hold to them consistently\_\_\_\_\_

Sporadic and mainly when I have a need\_\_\_\_\_

Hardly ever\_\_\_\_\_

### My Church Participation

Are you a member of a local church?\_\_\_\_\_

How often do you attend church in a week & in a month?\_\_\_\_\_

### My Current Service to the Lord

I am currently serving in \_\_\_\_\_ area of my local church to spread the Gospel to all the world.

Set your goals in each area to obtain through this growth plan.

### My Goals for My Friend Plan

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### My Goals for My Bible Reading

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### My Goals for My Prayer & Fasting

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### My Goals for My Church Participation

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### My Goals for My Service to the Lord

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### My Friend Plan for this week:

Who will you try to spend the most time with? \_\_\_\_\_

### My Reading Plan for this week:

The example in scripture for reading our Bible is to meditate on it day and night. *Will you trying it?* (Joshua 1:8, Psalm 1:1-2)

Start each day's reading with this prayer "open thou mine eyes, that I may behold wondrous things out of thy law." (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Mt. 1-2	Mt. 3-4	Mt. 5-6	Mt. 7-8	Mt. 9-10	Mt.11-12	Mt. 13-14
<i>(Use boxes below if you are following your own reading plan)</i>						

### My Prayer & Fasting Plan for this week:

Daniel and David both set aside specific times and places to pray. Their example is morning, noon, & night. (Daniel 1:8, Psalm 55:17)

What times will you set aside for prayer? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?

\_\_\_\_\_

\_\_\_\_\_

### My Friend Record:

Who I spent the most time with this week? \_\_\_\_\_

Give one way this person helped you grow spiritually: \_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

(Check each day you completed)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is one thing that spoke to your heart from this reading? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_

List one answer to your prayers this week: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Friend Plan for this week:

Who can you trust most with your prayer requests knowing they will pray for them? \_\_\_\_\_

### My Reading Plan for this week:

The example in scripture for reading our Bible is to meditate on it day and night. *Are you trying it?* (Joshua 1:8, Psalm 1:1-2)

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Mt. 15-16	Mt. 17-18	Mt. 19-20	Mt. 21-22	Mt. 23-24	Mt. 25-26	Mt. 27-28
<i>(Use boxes below if you are following your own reading plan)</i>						

### My Prayer & Fasting Plan for this week:

Daniel and David both set aside specific times and places to pray. Their example is morning, noon, & night. (Daniel 1:8, Psalm 55:17)

What times will you set aside for prayer? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Friend Record:

Name one person in your life this week that you feel helped your spiritual growth: \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is something God spoke to your heart from in your reading?  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_  
 List one major prayer request that has not been answered yet: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Friend Plan for this week:

Name one person you are around consistently that hinders your spiritual growth: \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Rom. 1-2	Rom. 3-4	Rom. 5-6	Rom. 7-8	Rom. 9-10	Rom. 11-12	Rom. 13-14
<i>(Use boxes below if you are following your own reading plan)</i>						

### My Prayer & Fasting Plan for this week:

Get one person to pray with you two times this week. Who will that be?

\_\_\_\_\_

### My Church Plan for this week:

Plan to take notes on one of the messages you hear this week.

What church service will you take notes at? \_\_\_\_\_

\_\_\_\_\_

### My Friend Record:

How much time this week did you spend around the person you named in your friend plan for this week? \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is something new you learned from your reading? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_

### My Church Plan Record:

Write one truth you learned while taking notes at church this week:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wonderful things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Rom. 15-16	I Cor. 1-2	I Cor. 3-4	I Cor. 5-6	I Cor. 7-8	I Cor. 9-10	I Cor. 11-12
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

What are your plans this week? \_\_\_\_\_

Will you fast this week? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?

\_\_\_\_\_

\_\_\_\_\_

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?

\_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

What does this verse mean to you? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Your thoughts on your prayer plan this week: \_\_\_\_\_

Did you fast this week? \_\_\_\_\_

How did it help you grow? \_\_\_\_\_

\_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

What was one experience from it? \_\_\_\_\_

\_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wonderful things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
I Cor. 13-14	I Cor. 15-16	II Cor. 1-2	II Cor. 3-4	II Cor. 5-6	II Cor. 7-8	II Cor. 9-10
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### Time to review your goals from page 5.

How are you doing sticking with your goals? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What will you keep the same? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What will you change? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

### My Goal Record:

What goals are you doing a good job keeping and working towards?

\_\_\_\_\_

\_\_\_\_\_

What goals are you struggling to keep? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow your prayer plan this week? \_\_\_\_\_

Did you fast this week? \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

One blessing you received: \_\_\_\_\_

\_\_\_\_\_



### My Reading Plan for this week:

The example in scripture for reading our Bible is to meditate on it day and night. *Are you trying it?* (Joshua 1:8, Psalm 1:1-2)

Start each day's reading with this prayer "open thou mine eyes, that I may behold wondrous things out of thy law." (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
II Cor. 11-13	I Tim. 1-2	I Tim. 3-4	I Tim. 5-6	II Tim. 1-2	II Tim. 3-4	Titus 1-3
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

Daniel and David both set aside specific times and places to pray. Their example is morning, noon, & night. (Daniel 1:8, Psalm 55:17)

What are your prayer plans for this week? \_\_\_\_\_

### My Church Plan for this week:

Hebrews 10:25 reminds us not to forsake attending God's house when services are being offered. What are your church plans this week? \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Is it easy or hard for you to read your bible consistently? \_\_\_\_\_

What changes have you made in the last six weeks? \_\_\_\_\_

Did you memorize your verse this week? \_\_\_\_\_

### My Prayer & Fasting Record:

Is it easy or hard for you to stick to your prayer plan? \_\_\_\_\_

Did you make any changes to your prayer plan in the last six weeks?

Yes or no? \_\_\_\_\_ If so, what changes have you made? \_\_\_\_\_

### My Church Plan Record:

What is the biggest distraction from attending church services faithfully?

What are you going to do about it? \_\_\_\_\_

### My Friend Plan for this week:

Who will you try to spend the most time with? \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Mk. 1-2	Mk. 3-4	Mk. 5-6	Mk. 7-8	Mk. 9-10	Mk. 11-12	Mk. 13-14
<i>(Use boxes below if you are following your own reading plan)</i>						

### My Prayer & Fasting Plan for this week:

What times will you set aside for prayer? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?

\_\_\_\_\_

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?

\_\_\_\_\_

\_\_\_\_\_

### My Friend Record:

Who I spent the most time with this week? \_\_\_\_\_

Give one way this person helped you grow spiritually: \_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is one thing that spoke to your heart from this reading? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_

List one answer to your prayers this week: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

### My Friend Plan for this week:

Who can you invite to church or go with to church? \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Mk. 15-16	Gal. 1-2	Gal. 3-4	Gal. 5-6	Eph. 1-2	Eph. 3-4	Eph. 5-6
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

What times will you set aside for prayer? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week? \_\_\_\_\_

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week? \_\_\_\_\_

### My Friend Record:

Name one person in your life this week that you feel helped your spiritual growth: \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is something God spoke to your heart from in your reading?

\_\_\_\_\_

\_\_\_\_\_

Did you memorize your verse this week? \_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_

List one major prayer request that has not been answered yet: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wonderful things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Heb. 1-2	Heb. 3-4	Heb. 5-6	Heb. 7-8	Heb. 9-10	Heb. 11-13	Jam. 1-2
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

What are your plans for this week? \_\_\_\_\_  
 \_\_\_\_\_

Will you fast this week? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

What does this verse mean to you? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Prayer & Fasting Record:

Your thoughts on your prayer plan this week: \_\_\_\_\_  
 \_\_\_\_\_

Did you fast this week? \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_  
 What was one experience from it? \_\_\_\_\_  
 \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wonderful things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Jam. 3-5	Phil. 1-2	Phil. 3-4	Col. 1-2	Col. 3-4	I Thess. 1-2	I Thess. 3-5
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### Time to review your goals from page 14.

How are you doing sticking with your goals? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What will you keep the same? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What will you change? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

### My Goal Record:

What goals are you doing a good job keeping and working towards?

\_\_\_\_\_

\_\_\_\_\_

What goals are you struggling to keep? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow your prayer plan this week? \_\_\_\_\_

Did you fast this week? \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

What brought you joy from this service? \_\_\_\_\_

\_\_\_\_\_

### My Friend Plan for this week:

Who will you try to spend the most time with? \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
II Thess. 1-3	Luke 1-2	Luke 3-4	Luke 5-6	Luke 7-8	Luke 9-10	Luke 11-12
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

What times will you set aside for prayer? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?

\_\_\_\_\_

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?

\_\_\_\_\_

\_\_\_\_\_

### My Friend Record:

Who I spent the most time with this week? \_\_\_\_\_

Give one way this person helped you grow spiritually \_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is one thing that spoke to your heart from this reading? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did you memorize your verse this week? \_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_

List one answer to your prayers this week: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

### My Reading Plan for this week:

The example in scripture for reading our Bible is to meditate on it day and night. *Are you trying it?* (Joshua 1:8, Psalm 1:1-2)

Start each day's reading with this prayer "open thou mine eyes, that I may behold wondrous things out of thy law." (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Luke 13-14	Luke 15-16	Luke 17-18	Luke 19-20	Luke 21-22	Luke 23-24	Philemon
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

Daniel and David both set aside specific times and places to pray. Their example is morning, noon, & night. (Daniel 1:8, Psalm 55:17)

What are your prayer plans for this week? \_\_\_\_\_

### My Church Plan for this week:

Hebrews 10:25 reminds us not to forsake attending God's house when services are being offered. What are your church plans this week? \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Is it easy or hard for you to read your bible consistently? \_\_\_\_\_

What changes have you made in the last twelve weeks? \_\_\_\_\_

Did you memorize your verse this week? \_\_\_\_\_

### My Prayer & Fasting Record:

Is it easy or hard for you to stick to your prayer plan? \_\_\_\_\_

Did you make any changes to your prayer plan in the last twelve weeks?

Yes or no? \_\_\_\_\_ If so, what changes have yo made? \_\_\_\_\_

### My Church Plan Record:

What is the biggest help for you in attending church services faithfully?

How have you been blessed from a church service? \_\_\_\_\_

### My Friend Plan for this week:

Pray this week with a friend that helps your growth: \_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Acts 1-2	Acts 3-4	Acts 5-6	Acts 7-8	Acts 9-10	Acts 11-12	Acts 13-14
<i>(Use boxes below if you are following your own reading plan)</i>						

### My Prayer & Fasting Plan for this week:

What times will you set aside for prayer? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?

### My Friend Record:

Did you follow through praying with your friend? How did it go? \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

What is something God spoke to your heart from in your reading?

### My Prayer & Fasting Record:

Did you follow through on your prayer plan? \_\_\_\_\_

List one prayer request that has not been answered yet: \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

One blessing you received: \_\_\_\_\_



### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Acts 15-16	Acts 17-18	Acts 19-20	Acts 21-22	Acts 23-24	Acts 25-26	Acts 27-28
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

What are your plans for this week? \_\_\_\_\_

Will you fast this week? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

What does this verse mean to you? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Your thoughts on your prayer plan this week: \_\_\_\_\_

\_\_\_\_\_

Did you fast this week? \_\_\_\_\_

What are your thoughts on fasting? \_\_\_\_\_

\_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

What was one experience from it? \_\_\_\_\_

\_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wonderful things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
I Peter 1-2	I Peter 3-5	II Peter 1-3	John 1-2	John 3-4	John 5-6	John 7-8
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### Time to review your goals from page 24.

How are you doing sticking with your goals? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What will you keep the same? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What will you change? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

### My Goal Record:

What goals are you doing a good job keeping and working towards?

\_\_\_\_\_

\_\_\_\_\_

What goals are you struggling to keep? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Prayer & Fasting Record:

Did you follow your prayer plan this week? \_\_\_\_\_

Did you fast this week? \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_

What was hard about this service? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
John 9-10	John 11-12	John 13-14	John 15-16	John 17-18	John 19-21	I John 1-2
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

What are your plans for this week? \_\_\_\_\_  
 \_\_\_\_\_

Will you fast this week? \_\_\_\_\_

### My Church Plan for this week:

How many services that are offered do you plan to attend this week?  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Service Plan for this week:

What are you planning to do in the area of Christian service this week?  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you memorize your verse this week? \_\_\_\_\_

What does this verse mean to you? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### My Prayer & Fasting Record:

Your thoughts on your prayer plan this week: \_\_\_\_\_  
 \_\_\_\_\_

Did you fast this week? \_\_\_\_\_

### My Church Plan Record:

I attended \_\_\_\_\_ services out of \_\_\_\_\_ offered.

### My Service Plan Record:

Did you fulfill your area of Christian service this week? \_\_\_\_\_  
 What was one experience from it? \_\_\_\_\_  
 \_\_\_\_\_

### My Reading Plan for this week:

The example in scripture for reading our Bible is to meditate on it day and night. *Are you trying it?* (Joshua 1:8, Psalm 1:1-2)

Start each day's reading with this prayer "open thou mine eyes, that I may behold wondrous things out of thy law." (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
I John 3-5	II & III John	Jude	Rev. 1-2	Rev. 3-4	Rev. 5-6	Rev. 7-8
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

### My Prayer & Fasting Plan for this week:

Daniel and David both set aside specific times and places to pray. Their example is morning, noon, & night. (Daniel 1:8, Psalm 55:17)

What are your plans for this week? \_\_\_\_\_

### My Church Plan for this week:

Hebrews 10:25 reminds us not to forsake attending God's house when services are being offered. What are your plans this week? \_\_\_\_\_

### My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Is it easy or hard for you to read your bible consistently? \_\_\_\_\_

What changes have you made in the last 17 weeks? \_\_\_\_\_

Did you memorize your verse this week? \_\_\_\_\_

### My Prayer & Fasting Record:

Is it easy or hard for you to stick to your prayer plan? \_\_\_\_\_

Did you make any changes to your prayer plan in the last 17 weeks?

Yes or no? \_\_\_\_\_ If so, what changes have yo made? \_\_\_\_\_

### My Church Plan Record:

What do you love about attending church services? \_\_\_\_\_

What do you dislike about it? \_\_\_\_\_

## My Reading Plan for this week:

Start each day's reading with this prayer *"open thou mine eyes, that I may behold wondrous things out of thy law."* (Ps. 119:18)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Rev. 9-10	Rev. 11-12	Rev. 13-14	Rev. 15-16	Rev. 17-18	Rev. 19-20	Rev. 21-22
<i>(Use boxes below if you are following your own reading plan)</i>						

Memorize a verse of scripture from your reading this week: \_\_\_\_\_

## My Prayer & Fasting Plan for this week:

What are your plans for this week? \_\_\_\_\_

Will you fast this week? \_\_\_\_\_

## My Church Plan for this week:

How many services that are offered do you plan to attend this week?

## My Service Plan for this week:

What are you planning to do in the area of Christian service this week?

## My Friend Record:

What friend helps you the most to grow spiritually? \_\_\_\_\_

What friend hinders your growth the most? \_\_\_\_\_

## My Reading Record:

*(Check each day you completed)*

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Did you completely read through the New Testament? \_\_\_\_\_

How many verses did you memorize? \_\_\_\_\_

## My Prayer & Fasting Record:

What changes have you made in your prayer life over the last 18 weeks?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you feel like you have grown closer to God through this plan? \_\_\_\_\_

What has helped you the most grow in your faith? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Will you stop here or will you keep a spiritual growth plan in your life to follow? \_\_\_\_\_

After the 18 week plan, re-answer the following:

**My Current Bible Reading**

I would rate my current Bible reading as: *(Check all that apply)*

Daily\_\_\_\_\_

Weekly\_\_\_\_\_

Consistent \_\_\_\_\_

Sporadic \_\_\_\_\_

*(Answer yes or no)*

I have read the Bible completely through.\_\_\_\_\_

I have read the New Testament completely through.\_\_\_\_\_

**My Current Prayer & Fasting**

My current prayer life consists of: *(Check all that apply)*

A time set aside regularly to pray\_\_\_\_\_

Have times but don't hold to them consistently\_\_\_\_\_

Sporadic and mainly when I have a need\_\_\_\_\_

Hardly ever\_\_\_\_\_

**My Church Participation**

Are you a member of a local church?\_\_\_\_\_

How often do you attend church in a week & in a month?\_\_\_\_\_

\_\_\_\_\_

**My Current Service to the Lord**

I am currently serving in \_\_\_\_\_ area of my local church to spread the Gospel to all the world.

What changes and growth have happened in your spiritual life over the past 18 weeks?

**My Friend Plan**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**My Bible Reading**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**My Prayer & Fasting**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**My Church Participation**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**My Service to the Lord**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

